

Balancing the Chakras

“The chakras in the human body system are the channels through which energy flows to connect a person to history, other people, other dimensions and The Light.”

--The Divine Feminine as channeled through
Rosemary Bredeson ©2007

CHAKRA	COLOR	GLAND	PLANET	TONE
Crown	Violet	Pineal	Jupiter	Aum
Brow	Indigo	Pituitary	Mars	Om
Throat	Blue	Thyroid	Venus	Ham
Heart	Green	Thymus	Sun	Yam
Solar Plexus	Yellow	Pancreas	Mercury	Ram
Sacral Plexus	Orange	Gonad	Moon	Wam
Root	Red	Adrenal	Saturn	Lam